

Increase Family Support Opportunities by Expanding Parenting Education Programs

Think Babies™ NC Leadership Team



All parents benefit from guidance to do the best job they can in raising their children and supporting their healthy development and early learning. However, in North Carolina, parenting education programs are not widely available or accessible to families.

BENEFITS OF PARENTING EDUCATION



Strengthens the relationship between parents and children



Increases parents' social connections, emotional support, and mental health



Decreases risk of child abuse and neglect



Improves child behavior by decreasing aggression and hyperactivity

PARENTING EDUCATION IS A WORTHWHILE INVESTMENT

\$5.60 - \$10.05



Each dollar invested in the Incredible Years program shows a return of \$5.60

Each dollar invested in the Triple P program shows a return of \$10.05

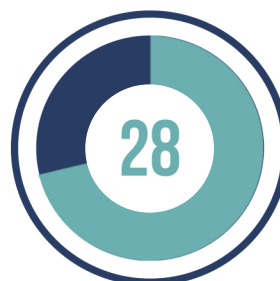
Parenting education provides cost savings for states on expensive social problems such as:



- ✓ Child Welfare
- ✓ Physical Health
- ✓ Mental Health
- ✓ Education
- ✓ Crime

ACCESS TO PARENTING EDUCATION IS INCONSISTENT

All 100 counties in North Carolina have access to the Triple P program.



28 counties have no other parenting education programs funded by Smart Start or the NC Division of Social Services